



## Welcome

*We hope your retreat will be fulfilling & following are some points of interest.*

- ❖ If you need assistance you can check at the Office; hours are M-F 8:30am-5pm or call 712-778-2466. After those hours, please call 402-651-2086 or visit with kitchen staff. Cell phone connections can be inconsistent and is best outside of buildings. Limited WIFI available.
- ❖ *There is a No Pets policy*; please care for your animals in advance.
- ❖ *There is a No open-flame policy*, with the exceptions of the firepits and under supervision within the Chapel.
- ❖ Mass is offered at 9:00am Tue, Thurs, & Friday, 5:30pm Weds & 10am Sunday in the St. Kateri Chapel.
- ❖ When attending meals; Meal times are 8am – breakfast, Noon – lunch, 6pm – supper, unless other arrangements have been made in advance of arrival by your group.
- ❖ Dining Hall food served is to be eaten at that meal, please don't take to rooms or for the road. Visit with kitchen staff if needing limited ice. *Bring your own coffee/tea & condiments and water bottles for your rooms.*
- ❖ The Office and Gift Shop are open from 8:30am to 4:30pm Monday thru Friday. In addition to unique gifts the Gift Shop offers toiletries and forgotten supplies.
- ❖ When making purchases in the Gift Shop on Saturdays or Sundays please use the envelopes provided for your payment.
- ❖ A Library is located in the lower level of the Manresa Prayer House.
- ❖ AED devices are located in the Dining Hall south entrance, main level in Manresa, & Lodge.
- ❖ There is a cold pop/water cooler for guests in the basement of the Loyola Dining Hall.
- ❖ Extra linens and towels are located in each of the cabins near the washers & dryers.
- ❖ Extra linens and towels in Montserrat (Motel) are located in the laundry room.
- ❖ If you use the washers and dryers, we do ask for \$2 per load. Please follow the directions as posted and pay at the Office.
- ❖ An exercise/rec room is available in the basement of the Loyola Dining Hall.
- ❖ Check with the Office staff for Frisbees, volleyballs, basketballs, and footballs for your enjoyment.
- ❖ There are 156 acres of natural trails; we suggest hiking attire/shoes & sprays.
- ❖ Jogging on the gravel road outside of the gate is at your own risk. A left turn at the gate of the Retreat Center leads you to Hwy 92. Beware of dogs & wear reflective clothing.
- ❖ Please respect the silence of those guests on silent retreats; simply nod and smile.
- ❖ All guests are asked to be in cabins/rooms by 11pm each night.
- ❖ Check with the Office for your mail needs during your stay.
- ❖ *No smoking in buildings* – check for designated spots outside.
- ❖ Since bedding & towels are provided, before departing please follow the directions posted in your room on what to do with used sheets & towels.
- ❖ And if needed, please make arrangements for final payment at the Office.

*Thank you for staying at the Creighton University Retreat Center.*